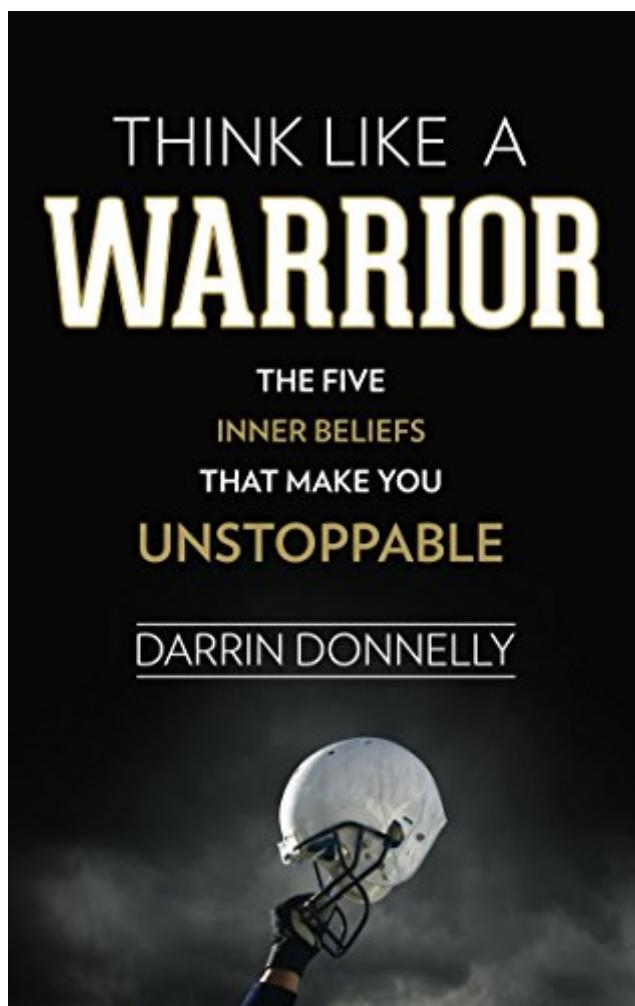


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# Think Like A Warrior: The Five Inner Beliefs That Make You Unstoppable (Sports For The Soul Book 1)



## **Synopsis**

Discover the five inner beliefs shared by the world's greatest achievers. If you want to take control of your life and achieve your biggest dreams, you must develop a "warrior mindset." This book will show you how to stop thinking like a victim and start thinking like a warrior. In this inspirational fable, Chris McNeely is a college football coach who is at the end of his rope after a hard-and-fast fall from the top of his profession. Now bankrupt and on the verge of losing his job, he has no idea what he's doing wrong or how to get back on track. Angry, worried, and desperate for help, Chris receives mysterious visits from five of history's greatest coaches: John Wooden, Buck O'Neil, Herb Brooks, Paul "Bear" Bryant, and Vince Lombardi. Together, these five legendary leaders teach Chris how to "think like a warrior" and take control of his life. The "warrior mindset" he develops changes his life forever and it will change yours as well. Discover the life-changing lessons of John Wooden, Buck O'Neil, Herb Brooks, Bear Bryant, and Vince Lombardi in this inspirational tale of what it takes to achieve your dreams—whatever those dreams may be. This book will show you how to...- Build your self-confidence- Develop mental toughness- Attack every day with joy and enthusiasm- Use a positive mental attitude to achieve more- Harness the power of positive self-talk- Explore the spiritual side of success- Be a positive leader for your family and your team- Become the person you were born to be- And much more! The five inner beliefs revealed in this book will empower you to take control of your life and overcome any obstacle that stands in your way.

## **Book Information**

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## Customer Reviews

I really enjoyed this book by author Darrin Donnelly who also runs the DarvasTrader.com website. It was hard to put down as it told the story of a head football coach that rose to the top of his profession with an NFL team only to leave in failure to return to coach college football. Many of us will be able to relate to the roller coaster ride that he experienced through the peaks and valleys of his career. This was a fun book as he was visited by the ghosts of legendary coaches from the past. Vince Lombardi, John Wooden, Bear Bryant and others showed up to help him find his path back to winning in his life and at the game he loved. I found the interactions with the legends fascinating as the author obviously spent a lot of time reading the books about these legends to bring out their most important lessons. Here are the basics of the lessons from the book on how to 'Think like a Warrior':  
1. Only focus on the things that you have total control over like your effort and your attitude.  
2. Do what you love for a living and attack it each day with joy and enthusiasm.  
3. Dream big and ignore the naysayers.  
4. Be relentless and never give up on your dreams.  
5. Choose faith over fear.  
The book does a great job bringing these lessons alive in the dialogue between the characters. The lessons delivered can be life changing for some readers. With the book you get a sports book, a self help book, and a fictional story all rolled up in one. This was an enjoyable and enlightening read.

This book was recommended by a friend and I couldn't put it down. The format of the book, a struggling college football coach visited by coaching legends for advice, is both entertaining and educational. The author's use of this format is a nice change from the standard "self-help" style of many business and coaching books. I loved the story and will recommend this book to the people I know that are ready to be Warriors!

Become a warrior. Well written book. We all face ups and downs. This book shows you through some of the greatest sports minds of all time how to change and control your thoughts and winning attitude towards life. If you enjoy sports, you will love this book.

I read Think Like a Warrior over the weekend, and really enjoyed it. I'm a firm believer of the positive

impact competition and sport can have on someone's life, how it can prepare you for whatever "game" you play. The 5 lessons in this book, however, go beyond sport. Lessons I've learned before, and when put into action makes anything attainable. I loved getting inspired again. Thanks!

I loved this book! I'm a huge fan of self help books...and sports, so this is the perfect combination. The story is highly entertaining and never gets boring or overwrought. The messages from each coach are powerful and clear. Not only does this book inspire me to become a stronger man, but it also taught me things about the individual coaches I didn't know. I wish I could have taken McNeely's place a couple times to have a beer with these coaching greats. It's such a fun read and I highly recommend it to anyone who wants to find their inner self!

This truly is a wonderful and enjoyable read, that encompasses the mindsets and attitudes of successful individuals, warriors, and as written, Champions. Written through the perspective of a football coach who has gone from NFL genius, to some 2nd rate college washout, the coach is provided with invaluable lessons from the greatest sport coaches of all time. This book, is simply a great read. I devoured the book in 3 hours, reading through it initially with a lazy gaze, before I was struck by the powerful, yet simple lessons and values taught in the book. Going back to the beginning, I have once again began reading, this time with an interest in a self-help book that I have not had in some time. Give the book a chance. It is not only a great story to read and get lost in, but it provides some very, very valuable lessons that while many people will know and understand, they will not think about doing. Providing both a paragraph phrase and a single sentence to be used to remind the reader of the lessons taught, this book provides you with a great kick to the ass.

I really enjoyed this book by author Darrin Donnelly who also runs the DarvasTrader.com website. It was hard to put down as it told the story of a head football coach that rose to the top of his profession with an NFL team only to leave in failure to return to coach college football. Many of us will be able to relate to the roller coaster ride that he experienced through the peaks and valleys of his career. This was a fun book as he was visited by the ghosts of legendary coaches from the past. Vince Lombardi, John Wooden, Bear Bryant and others showed up to help him find his path back to winning in his life and at the game he loved. I found the interactions with the legends fascinating as the author obviously spent a lot of time reading the books about these legends to bring out their most important lessons. Here are the basics of the lessons from the book on how to 'Think like a Warrior': 1. Only focus on the things that you have total control over like your effort and your

attitude.2.Do what you love for a living and attack it each day with joy and enthusiasm.3.Dream big and ignore the naysayers.4.Be relentless and never give up on your dreams.5.Choose faith over fear.The book does a great job bringing these lessons alive in the dialogue between the characters. The lessons delivered can be life changing for some readers. With the book you get a sports book, a self help book, and a fictional story all rolled up in one. This was an enjoyable and enlightening read.

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